



u3a

learn, laugh, live

DEREHAM

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GROUP NEWS

UKULELE GROUP

We have some very exciting news to share! Our Ukulele Group has been invited to perform at the Whinburgh Festival this September - a wonderful achievement and a testament to the hard work, enthusiasm and talent of the group. We are incredibly proud of their success and delighted that they have been given the opportunity to showcase their music at such a well-supported local event. We wish them every success for their performance and look forward to hearing all about it in the autumn edition of the newsletter. Congratulations to everyone involved! 🎵👏

TABLE TENNIS

Our U3A table tennis group are really needing some new members particularly for the first group 10 - 11 30. All levels of play welcome. We are a very welcoming group and don't take ourselves too seriously. Contact the group via the website link.



FROM THE CHAIR – Pauline Lowe




Last Month's Speaker Meeting

Unfortunately, our scheduled speaker for last month was unable to attend at short notice. While this was disappointing, we were extremely fortunate that Jenny Freebairn our Monthly Meeting Secretary, was able to step in and arrange a replacement speaker, Rey Major, who gave a fascinating talk on wild birds.

Although I was unable to attend the meeting myself, I have heard nothing but positive feedback from those who were there. The talk provided a wonderful insight into the lives and behaviours of our native wild birds and was clearly appreciated by everyone present. A sincere thank you goes to Jenny for her quick thinking and hard work in sourcing an excellent replacement speaker at such short notice. Her efforts ensured that members were still able to enjoy a worthwhile and entertaining meeting.

Pete's Puzzles - This week, Identify these famous books

(ANSWERS UPSIDE DOWN AT THE BOTTOM OF NEWSLETTER)

1 D	2 THEFT MURDER PRISON ELECTRIC CHAIR	3 SIMBA SABRINA CLOSET	4 CHEERIO Weapons
5 	6 CLIFF RICHARD, CHRIS HOY, RICHARD ATTENBOROUGH, TOM JONES, NORMAN WISDOM, BRADLEY WIGGINS, LENNY HENRY, MICK JAGGER, BOB GELDOF, ELTON JOHN, LAURENCE OLIVIER, MICHAEL CAINE 	7 GRANDAD GALILEE	8 FEPUSSZ
9 SELF SATISFACTION BIGOTRY	10 females	11 WEEPGALEINGS	12 Male allallallalla Spring Summer Autumn Winter
13 INDUCEMENT	14 H2O Q E 2	15 Tap Rhizome Tuber	16 Child asleep
17 Semi skimmed Teak	18 Expedition 	19 Leonardo's cryptograph	20 Left accompanied With flatulence



GROUP NEWS LOCAL HISTORY

We meet the third Wednesday afternoon of the month, 2.00 PM at the Baptist Church in Dereham. Doors open at 1.30 PM.

Join us for tea, coffee & biscuits after the meeting. Cost £5.00.

Our next talk: 15th July - Charles Lewis - Norfolk in the stagecoach age - Travelling to and from Norwich in the Georgian and Victorian periods

The full programme for 2026 can be accessed via website, groups, local history for by clicking on this [LINK](#).

FOR THE CURIOUS

These varied talks are held in Trinity Methodist Church Hall in Theatre Street and are open to all. The meetings start at 2.00pm, last about an hour and followed by refreshments.

Moving forward we will be charging £5.00 entrance fee

Our next talk is as follows:
July 31st - Peter Goodrum
The History of Jarrolds.

JOLLY DAYS OUT



Contact: Trudy Gust/Jan Hayes-Griffin
Email: jollydaysout@gmail.com

As there is usually a lot of information regarding outings, we are being economical with our words and sending details in an email rather than dominating the monthly newsletter!

Five outings up until November are now available to book, including the ever-popular visit to Ely Cathedral for the Christmas Gift and Food Fair. Believe it or not, ticket prices for the Great Yarmouth Hippodrome Christmas Circus and Water Spectacular are not yet available - once received, information will be added to the website.

Take a look at the [Outings page on the Dereham U3a website](#) for full details about what is on offer and how to book.

QUIZ TIME!

Quiz Afternoon

Join us for a fun-filled afternoon of quizzing!

Date: Thursday 13th August

Venue: Memorial Hall

Doors Open: 1:30pm

Quiz Starts: 2:00pm

Enjoy a slice of cake with tea/coffee while putting your knowledge to the test!

£3.50 per person, payable on the door (only 20 places left)

No need to form a team - just come along, take a seat, and join in!

Everyone welcome - don't miss out!

MEMBERS - PLEASE NOTE

- Please ensure that you read your e mails thoroughly as they may contain information about time/venue changes or other important information about various U3A activities etc.
- Please check your spam/junk e mail boxes regularly as your internet provider sometimes opts to put your e mails in them instead of your inbox. It is possible to move e mails back into your inbox, if not sure ask a friend or relative who may be able to help.
- If you have signed up to a group and no longer wish to attend, can you inform the convenor of this as they may have a reserve list waiting to join if a space becomes available.
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MONTHLY MTGS – MEMORIAL HALL

Doors open 1:30pm, speaker commences at 2pm

9th July 2026

Paul Lillie Artist and Musician

A unique approach of combining story telling with singing and painting Charting the rise of Liverpool's Fab Four. An interactive approach which encourages audience participation.

PLEASE NOTE THE 2 FRONT ROWS IN THE HALL ARE TO SEAT THE LESS ABLE BODIED.

ANSWERS TO PETE'S PUZZLES

11. The wind in the willows	1. Heidi!
12. A man for all seasons	2. Crime and punishment
13. Persuasion	3. The lion the witch and the wardrobe
14. Watership down	4. A farewell to arms
15. Roots	5. Three men in a boat
16. Kidnapped	6. Twelfth night
17. Under milk wood	7. The old man and the sea
18. Journey to the centre of the Earth	8. The cat in the hat
19. The Da Vinci Code	9. Pride and prejudice
20. Gone with the wind	10. Little women