



u3a
learn, laugh, live

DEREHAM

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GROUP NEWS
Current Group List:

- ART
- BOARD GAMES AND CARDS
- BOOK GROUP
- BRIDGE
- BUS PASS
- CANASTA
- CASUAL EVENING DINING
- CHESS
- CONVERSATION GROUP
- COUNTRY DANCING
- CRAFTING
- CREATIVE WRITING GROUP
- CRIBBAGE
- CYCLING
- DISCUSSION GROUP 1, 2, 3 & 4
- DRAMA GROUP
- FOR THE CURIOUS
- FRENCH CONVERSATION
- FRENCH EXCHANGE
- LINE DANCING
- LOCAL CHURCH VISITS
- LOCAL HISTORY
- LUNCH GROUP
- MAHJONG
- NEW AGE KURLIMG
- PLAY READING
- PLAY READING THE DRAMATIZERS
- QUIZ GROUP
- RAMBLE GROUP (4/5MILES)
- RUMMIKUB
- SINGING GROUP
- SOLO COFFEE MORNING
- SOLO SUNDAY LUNCH GROUP 1&2
- SPANISH BEGINNERS' CONVERSATION
- TABLE TENNIS
- TEN PIN BOWLING 1 & 2
- UKULELE GROUP
- VINE TO WINE
- WALKING FOOTBALL
- WALKING GROUPS (LONG&SHORT)
- WINE AND DINE

To join any of our groups follow the link on the Groups Page of our website.
https://dereham.u3asite.uk

FROM THE CHAIR – Pauline Lowe

A BIG THANK YOU TO OUR CONVENORS, WELCOMERS & VOLUNTEERS

It was lovely to bring together our convenors, welcomers and volunteers for a relaxed afternoon of chat, tea, coffee and cake at Toftwood Social Club.

It was a wonderful opportunity to say a heartfelt **thank you** to everyone who gives their time, energy and enthusiasm to make Dereham U3A such a friendly and welcoming organisation.

Whether you organise a group, welcome new members or help behind the scenes, every contribution makes a real difference to our U3A community. We simply couldn't offer the variety of activities and the warm welcome that our members enjoy without your support.

Thank you all for everything you do, and for helping to make Dereham U3A such a special place to belong.

Last month we were treated to an excellent speaker who gave us a really interesting and enjoyable talk. The feedback from members was very positive, and it was clear that everyone appreciated the time and effort that had gone into making it such an engaging presentation.

Unfortunately, I was unable to be present on the day, which was a great shame, as I would have loved to have heard the talk myself!

A big thank you to our speaker for joining us, and to everyone who helped make the afternoon such a success. We are very fortunate to have such talented speakers sharing their knowledge and experiences with Dereham U3A.

Pete's Puzzles 5
Homophones

There are 2 spellings for each of the following clues which sound the same, one of which is a UK town or city.
e.g. Small edible fruit = Berry and Bury

1. Ships company
2. Smallest room
3. Domesticated
4. Small body of water
5. Has been consumed
6. Female seals
7. Wires to make electrical connections
8. Kitchen appliance
9. An evil demon said to eat corpses
10. Where to calculate a vehicles mass
11. Affirmative vote
12. Keep secret
13. Eat grass
14. Wind catching apparatus
15. Burnt and blackened
16. Nee
17. Like a London king or queen
18. Cynical ironic wit
19. Erode by friction
20. Cloudy appearance





GROUP NEWS

Bridge Group

Are there any lapsed bridge players out there???

Would you like to come along and join us at the U3A Bridge Group for a fun social game?

We meet every Thursday afternoon 2-4pm (NOT on the 2nd Thursday of the month) at Meeting Point in Dereham.

We are a friendly group who welcome players of all standards.

To join our group follow the link on the Groups Page of our website.
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NEXT MONTHLY MTG – MEMORIAL HALL

November 12th Market Street

The doors will open at **1pm**, giving you a whole hour to browse, shop and discover some wonderful handmade and unique items before our monthly speaker. There will also be another opportunity to browse **after the speaker has finished**.

With Christmas not too far away, there are sure to be some **great gift ideas** on offer – and perhaps a little something special for yourself too!

Please remember to bring plenty of CASH, as our stallholders may not all be able to accept cards.

Come along, have a browse, support our talented members and enjoy a little shopping before and after the talk. We look forward to seeing you there!

SPEAKER:

Juyna Lewis spent much of her working life in education from teaching at the local university/college as well as in the community. Her most challenging role was as a tutor of ESOL (English for Speakers of English), Literacy and numeracy as well as practical skills such as cooking, budgeting and effective communication in prisons. Her time "Inside" opened her eyes to the challenges of living in such a closed environment for those working there as well as the inmates. Whilst teaching in local prisons she met some fascinating characters & has interesting tales to tell.

GINGERBREAD TOWN - SHARON SERPELL

Who's heard of the Gingerbread town in the Fens? If you say, Downham Market, then you're correct – but why?

David and I fancied a day out in Downham Market, simply known as Downham to the locals. Following our sat nav to the free car park in Priory Street (PE38 9JS) we came across the Downham Heritage Centre in the Old Fire Station. We learnt about the local history of the town and life in its surrounding villages, formerly making up the 'Clackclose Hundred' – very interesting. Not forgetting their riots and Town Clock. We had fun playing with the Whizzy Thing - a nostalgic reminiscence from the major stores from a bygone age!

The little museum is open Thur/Fri 10-4pm and Sat 10-1pm and well worth a visit. A kind volunteer pointed us in the right direction to start the Gingerbread Town Trail, so called, because of the local Carrstone used to construct their buildings. It comes in various colours – from a light to a darker shade of rusty ginger – hence gingerbread.

The trail takes in the 17th century Priory House, Union Terrace (one of the basements were used as the headquarters of the Home Guards during WW11). St. Edmund's Church, Breckland House (a Police Station in the 1850's) and a lot more. You can pick up a Town Trail leaflet in the Heritage Centre.

We had to finish our tour at Reeds departmental store. The volunteer told us about their excellent coffee and delicious cakes……..Well, it's hard work sightseeing!









PETE'S PUZZLES

ANSWERS TO

1. Ships company-Crew / Crewe
2. Smallest room-Loo / Looe
3. Domesticated-Tame / Thame
4. Small body of water-Pool / Poole
5. Has been consumed-Eaten / Eton
6. Female seals-Cows / Cowes
7. Wires to make electrical connections-Leads / Leeds
8. Kitchen appliance- Toaster / Towcester
9. An evil demon said to eat corpses-Ghoul / Goole
10. Where to calculate a vehicles mass-Weighbridge / Weybridge
11. Affirmative vote-Aye / Eye
12. Keep secret-Hide / Hyde
13. Eat grass-Graze / Grays
14. Wind catching apparatus-Sail / Sale
15. Burnt and blackened-Charred / Chard
16. Nee-Born / Bourne
17. Like a London king or queen-Pearly / Purley
18. Cynical ironic wit-Wry / Rye
19. Erode by friction-Wear / Ware
20. Cloudy appearance-Haze / Hayes